

ADVENTURE | ZONE

Adventure 1 Zone is an 'Experiential Learning Academy' specializing in the unique concept of Learning through experiences.

"WE BUILD ALL KIND OF ADVENTURE ACTIVITIES WITH UNIQUE DESIGN!"

In the experiential learning arena, A1Z is known for its:

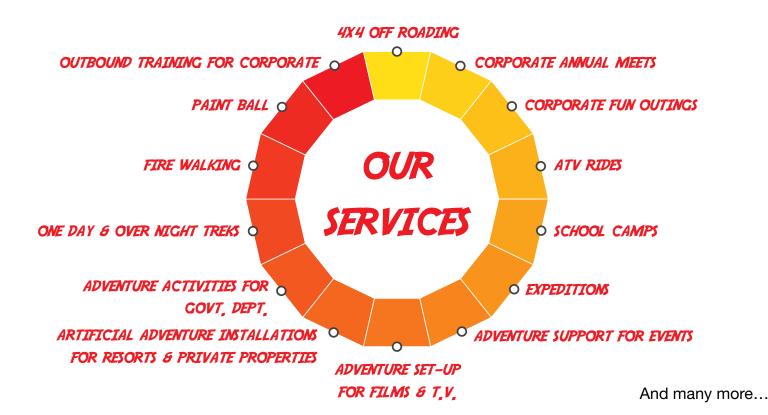
- Unique style of facilitation linking realizations to performance enhancement
- Emphasis on delivering beyond expectations
- Ensuring '0' gap between Organization's objectives and A1Z's deliverables
- Inherent Fun Element
- Assurance of 100% safety

Inaugurated on February 14, 2007, Our 8-acre eco-friendly campsite in Vangani, (Maharashtra, India), features a 50-foot climbing wall, high ropes courses, obstacle courses, shooting range, off-road driving track, waterfall rappelling, horse riding, and hiking trails. It is ideal for day trips, overnight stays, and events for corporations, schools, families, individuals, groups, and trainers looking for an eco-friendly campsite near Mumbai.

We also provide technical support, equipment rental, and have a mobile adventure team that can install activities in any grounds or malls across India.

Our Adventure Set-up and Adventure Team Services have been utilized by reality shows, movies, resorts, hotels, schools, colleges, and event companies, including Star Plus' Kuch Kar Dikhana Hai, Thums-Up Challenge Mission Everest, Taj, Hotel Fariyaz, Dukes Retreat, Ashoka Builders, etc. Even Schools & Colleges, Events companies take our services for their Events.

Since 1996, we have conducted around 1000 interactive training events which have impacted nearly 1,40,000 people with the aim to provide "CHALLENGE BY CHOICE". Our A1Z team, comprising 12 facilitators, 45 outdoor experts, and qualified doctors, continues to grow.



THE ADVENTURE WIZ

Dr. Kishore Dogra, PhD (UK) is CEO of Mumbai based company, ADVENTURE 1 ZONE with camp site at Vangani - Goa & Nainital, since 2007. His focus is on Law of Nature – LAND, AIR & WATER activities for "Outdoor Experiential Learning through Adventure."

He has two doctorates PhD in alternative medicine & PhD in Sports Exercise & Nutrition (research on short term exercise & Indian diet on physical proficiency in adventure camps). He also holds an MBA from IIM in Strategic Sales & Marketing. He is a Safety Director for AOTA – Adventure Outdoor Training Academy. He is also an Ace Mountaineer, Martial Artist, Rider, Ex Body Builder, All India Champion in Martial Art, Stuntmen, Fitness Trainer, Yoga Teacher, Adventure Outdoor Photographer, Consultant into set-up of Adventure Activities to Forest Department, MTDC, Indian Forces and many other 5-star Hotels - Resorts and Private Properties. He is also an Actor acted in India's first mixed martial arts movie, "Hathapavi"









SKILLS & EXPERTISE

- Completed Disaster Management Course for Adventure Guides from NDRF 8th B.N.
- International Course in Risk Management of Adventure & Outdoors in accreditation with standards of Viristar.
- Certified Basic & Advanced Mountaineer, Grade A, NIM, Uttarkashi
- Alpine Style Mountaineering course from W.H.M.I. Manali
- Basic & Advanced Rock-climbing Course with "A' grade from NTMC Nainital
- Civil Defence Disaster Management, First-Aid, CPR & Fire Fighting Certified,
- Represented INDIA in Mixed Martial Art (MMA Cage Fight) Germany
- Tai Chi & Yoga Shiromani Instructor, Certified Fitness Trainer
- Forth Degree Black Belt in Military Martial arts from UCCA org,
- Second Degree in Kick Boxing & 1st Degree Black Belt in Karate
- Krav Maga Instructor & Woman's Self Defence Instructor
- Associate Instructor In art & philosophy of Bruce Lees Jeet Kune Do (Direct Linkage & Third Generation of Bruce Lee)
- Off Road Driving Instructor
- Army Wing NCC "C" certificate.
- Gold Medallist National Martial Arts Tournament 2000
- Gold Medallist in Air Rifle Shooting for the year 1998 (as NCC Cadet)













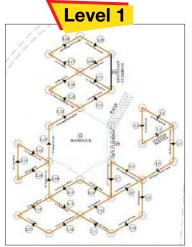


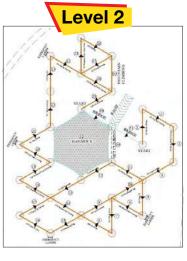


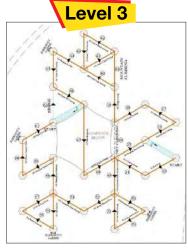
THE ASIA'S BIGGEST ROPE COURSE

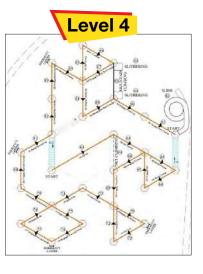












YEH HAI BAMBAI MERI JAAI

ACHIEVEMENTS

AWARDS:

- 2006 Bravery Award by Hon. Chief Minister Vilasrao Deshmukh for saving 30 people (in 2005 Floods)
- US Presidential Champion Gold Award by George Bush for outstanding sport performance (in Adventure & Mountaineering)
- Winner of the stunt of Star Plus event KUCH KAR DIKHANA HAI.

Kishor Dongre

FRIENDS describe him as a soldier without a uniform. A fractured leg may have cheated Kishor Dongre of his chance to join the army, but his conduct on July 26 would have done any soldier proud. Kishor saved scores of people from being swept away at the Kalyan-Bhiwandi bypass on the Nashik Highway, even as policemen looked on helpless. On his way back to Thane, Kishor's jeep broke down at Mankoli naka. He watched as another jeep that was caught in the vortex of the current, was being pushed dangerously in the direction of the creek.

A trained mountaineer from the Nehru Institute of Mountaineering, Kishor didn't think twice about pulling out his rope and harness from his jeep. After tying the harness and one end of the rope to his jeep, Kishor swam across to the other jeep. Slowly but steadily, he brought out the 20 passengers stuffed inside the vehicle and helped them reach the other end. For a person with an artificial bone connector inserted to reduce a gap between his joints, carrying so many panic-stricken people was no mean feat, says friend Prashant Memane, who assisted him in the operation.

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Even before the friends could rest, another car packed with passengers floundered. Repeating the exercise, Kishor saved another twelve persons. Kishor, employed with Z-Bac Adventure Pvt Ltd, says his profession of training corporates in outdoor sports helped him take the plunge. "I always wanted to join the army but for the accident," he sighs, his eyes misting over the was thrown out of a local train near Mulund by a gang of pickpockets in 1999. Many others would have been embittered and turned against the city. But Kishor proved that he was built differently.

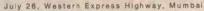
Devraj Dasgupta





MEDIA RECOGNITION:

Featured by Times of India, Indian Express, Mid Day, Maharashtra Times, Lok Satha, Lok Mat Magazine, Dainik Jagran, Nav Bharat, Tarun Bharat, Herald and Many others.





High Water, Hell and

July 26 was the day that Mumbai nearly died. And yet acquired an unwanted immortality. As the treacherous waters rose, so did the heroes. Ordinary men and women who discovered levels of courage, bravery and sheer physical strength that they would never have imagined in less catastrophic times.

It is these 26/7 heroes whom The Times of India will honour tonight at the start of the Mumbai Festival. The awards have been made possible with a generous grant

of Rs 6 lakh from the Morarka Foundation and its president, Kamal Morarka.

It was not an easy task, separating the awesomely heroic from the merely courageous. When The Times of India decided on these honours as the most fitting way of celebrating the city's spirit, it wanted to make sure that hype did not overpower fact. It called for nominations; over 50 people, usually the beneficiaries of these spontaneous tile-saving acts, wrote in. The TimesTeam of reporters fanned out to check every claim and detail. Some on our shortlist, alas could not be traced, and therefore remain unsung. The names of six are truly written in letters of gold, and will be given a token cheque for Rs I take heat. Three of them tragically are posthumous recipients. We have also decided to record the bravery of four more, who will receive a specially crafted citation.





















SPECIALIZATION:

He specializes in induction, team building, Strategic meets and large group interventions In air, land & water adventure activities.

EXPERIENCE & CREDENTIALS:

20 years of Outbound Training for different organizations such as Indian Army, Navy & Indian Coast Guard, Mumbai Police, Corporate, Management Institutions and Schools.

- Conducted Out-Bound Training for 50,000+ corporate employees in last 20 yrs from leading **MNCs**
- Conducted Adventure Training Programs for 60,000+ School children in last 20 yrs including the International Schools.
- Trained Indian Navy & Coast Guard in different Adventure skills
- Trained New Mumbai Police Officers. National Sports Players, NCC & MCC cadets, Fitness Clubs
- Trained lots of Celebrities, Industrialists, and Politicians & TV Actors

ORGANISER WATER SPORTS:

All Water Sports like White Water Rafting, Jet Skiing etc.

TV & MOVIE ADVENTURE **SETUP & STUNTS:**

Adventure Set-up for Reality shows like Kuch Kar Dikhana on Star Plus, Thums-up Challenge for Mt.Everest. Nat Geo Channel, Family Movie, Etc.



MOBIKE CLIMBING:

- Mt. Bhagirathi-I in 1999
- 3.5 lac Km Solo on Bullet Motorcycle throughout India from 1996 to 2008
- 7 times to Leh-Ladhak on Bullet Expedition from Mumbai
- 2 Times to Sikkim at Nattulla Pass from Mumbai



MOUNTAIN EXPEDITIONS: Summiteers of major Expeditions:

- Mt. Stok Kangri (20183ft.) Leh 2014.
- Mt. Satopanth Peak (23213 ft.) 2012.
- Mt. Kedar Nath Dome (22413 ft.) 2010.
- Bhagirathi II peak (21364ft.) Gangotri 2008.
- Mt Black Peak (21900ft.) Garhwal region in 2007.
- Mt. Dropadi ka Danda (19,054ft) in 2004.
- Mt. Hanuman Tibba (5928 mt.) in 2003.
- Laddakhi peak (18000 ft) climbed in 2002.



ORGANISER OF TREKKING HIKING & ROCK CLIMBING:

Sahyadris from Gujarat Border to Munnar in Kerala & Indian Himalayas from 1991 to 2016 sixteen peak expedition.













SOCIAL ACHIEVEMENTS:

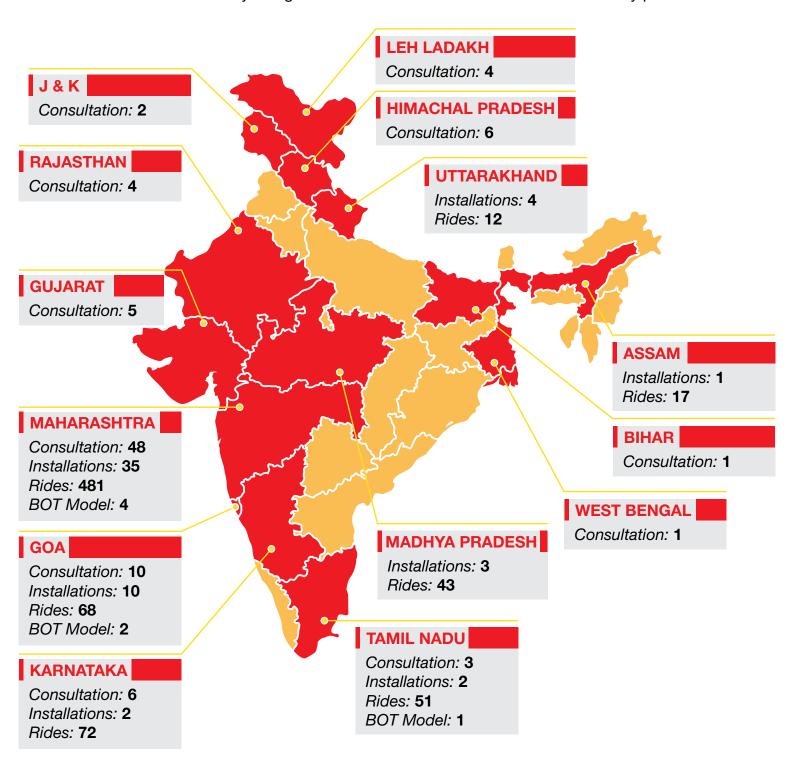
- Conducted no of Outdoor Educational camps for SCHOOL KIDS in Pune-Mumbai Panvel Karjat Khopoli Delhi –
 Bangalore Chennai Goa schools from 2000 to 2015.
- Organized Outdoor Adventure & Educational camp for BLIND on Fort Raigad made them rappel the "Takmak Tok".
- Conducted War School of Goa & Flag Officer Commanding Goa Area to organize adventure sports.
- Self Defense Training for school children & NGO in Mumbai
- Training of Police Officers of Navi Mumbai
- Trained & certified more than 150 Aadivashi, Villagers into Adventure and Outdoor Activities who works for Govt Sector.

SCORE BOARD & LOCATIONS

Star Projects & Stats:



Our dedicated association with Landmarkz EPC, Pune for tailor made presentations, in depth Visualization & consultancy along with Certification of Structures as Fit for Activity performance.



PROJECTS DONE FOR OUR ESTEEMED CLIENTS

- Force 1 Mumbai
- Indian Navy Mumbai & Goa
- Forest Dept. Nagpur & Malshej Ghat
- Srpf Pune
- Sunny's World Resort Pune
- Great Escape Water Park Virar
- Water Melon Resort Nashik

- Taj Fort Aguada, Dudh Sagar Resort, Nv Eco Farm, Srk Farm, The Jungle Book - Goa
- Head Rush, Royal Palm Powai
- Off Road Track Chennai
- Vayu Build Con Bhopal
- Disha Direct Wada
- Vishaal Swarnhabhoomi- Madurai

...And Many More

EXECUTED PROJECT LOCATIONS

Mumbai Pondicherry Pune Bhuj Goa Bhopal Chennai Nainital

Dhule Nagpur Vadodara Malshei Ghat

Manipur Madurai Ooty and many more...

CLIENTS AND TESTIMONIALS

Forces











"The Adventure activities that were installed by Adventure1Zone in Sunnys World were highly effective & amusing towards our resort guest experience. I highly recommend & vouch for Dr. Kishore Dogra & his expertise in Adventure field."

- Ex-MLA Shri. Vinayak Nimhan

"Our 100 NCC Cadets reached Vangani camp site at Adventure 1 Zone, establishment run by Dr. Kishore Dogra. There were excellent adventure activities assisted by superb infrastructure & talented staff. I would highly recommend Adventure 1 Zone to everyone for their excellent establishment."

Indian Army - Col. R. K. Saxena

Schools & B - Colleges











































Clients









































































































DESIGN PARTNER

LANDMARKZ

Architects

At Landmarkz EPC Pvt Ltd, we are dedicated to creating unique, memorable, and safe adventure park experiences for our clients. Our team of highly skilled Architects, Engineers, and Designers work closely with clients to bring their vision to reality. We specialize in adventure park design and construction and provide a full range of services from concept to execution.

- We begin each adventure park project design by understanding the client's needs and site requirements.
- We conduct site visits to analyze the site and its surroundings and evaluate the site potential
 utilization which enables us to make proposals for a unique and immersive adventure park experience.
- Our team of Architects, Engineers, and Designers work in coordination with our clients to understand their vision and goals for the adventure park. Based on our analysis, we create a *customized proposal of activities* that are perfectly suited to the location, accessibility, and thrill level required by the client *that complements the overall theme and natural environment of the site.*
- We *involve our clients in every stage of the design and construction process*, from conceptualization to construction, to ensure that the final product exceeds their expectations.
- We create detailed architectural and structural drawings and use the latest 3D software and technologies to create interactive presentations that showcase the proposed adventure park design and its features.
- We manage & supervise the construction process to ensure that the project is completed on time, within budget, and to the highest quality standards.







SERVICES SUMMERISED

We offer a full range of adventure park design and construction services, including:



Conceptualization and Master Planning



Site Analysis and Feasibility Studies



Architectural Design and Theming



Structural Design and Engineering & Audit



Landscape Design & excavation



Safety and Risk Assessment



Project Management and Construction Supervision



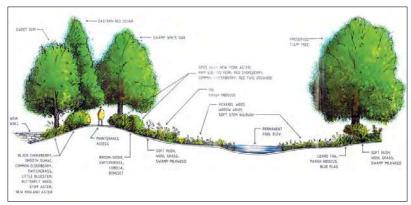
Post-Construction Inspection & stability & structure health certification















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